

Integrating EMDR into Your Clinical Practice: Five-Day Intensive

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8:00 am – 5:30 pm (each day)

Toronto Training:

Mon., August 26, to Fri., August 30, 2019
Toronto Central Grosvenor Street YMCA Centre
(20 Grosvenor Street, Toronto)

Vancouver Training:

Mon., September 23 to Fri., September 27, 2019
Sandman Hotel Vancouver City Centre
(180 W. Georgia St, Vancouver)

Day 1

7:30 am–8:00 am Arrival and check-in
8:00 am–9:30 am EMDR overview
9:30 am–9:45 am Break
9:45 am–10:45 am Phase 2: Stabilization
10:45 am–11:45 am Practicum 1: Stabilization
11:45 am–12:45 pm Lunch (on your own)
12:45 pm–1:45 pm Practicum 1: Stabilization (continued)
1:45 pm–3:30 pm Phase 1: Target planning
3:30 pm–3:45 pm Break
3:45 pm–5:15 pm Practicum 2: Target planning
5:15 pm–5:30 pm Day 1 wrap-up

Day 2

8:00 am–8:15 am Day 1 review
8:15 am–9:15 am Processing Phases 3–7 (EMD)
9:15 am–10:15 am Practicum 3: Processing (EMD)
10:15 am–10:30 am Break
10:30 am–11:30 am Practicum 3: Processing (EMD continued)
11:30 am–11:45 am Q & A
11:45 am–12:45 pm Lunch (on your own)
12:45 pm–2:00 pm Phases 3–7 (EMDr, EMDR) (continued)
2:00 pm–2:30 pm Re-evaluation
2:30 pm–2:45 pm Break
2:45 pm–4:00 pm Working with children
4:00 pm–5:15 pm Crisis intervention: A-TIP
5:15 pm–5:30 pm Day 2 wrap-up

Day 3

8:00 am–8:15 am Day 2 review
8:15 am–8:30 am Self-use
8:30 am–9:00 am Working with couples
9:00 am–10:00 am Target planning
10:00 am–10:15 am Break
10:15 am–11:30 am Targeting planning
11:30 am–12:30 pm Lunch (on your own)
12:30 pm–3:15 pm Practicum 4: Re-evaluation and target planning
3:15 pm–3:30 pm Break
3:30 pm–5:15 pm Advanced resourcing
5:15 pm–5:30 pm Day 3 wrap-up

Day 4

8:00 am–8:15 am Day 3 review
8:15 am–10:15 am Practicum 5: Advanced resourcing
10:15 am–10:30 am Break
10:30 am–11:30 am Processing phases 3–7 (EMD, EMDr)
11:30 am–12:30 pm Lunch (on your own)
12:30 pm–3:00 pm Processing: EMDR
3:00 pm–3:15 pm Break
3:15 pm–5:15 pm Practicum 6: EMDR processing
5:15 pm–5:30 pm Day 4 wrap-up

Day 5

8:00 am–8:15 am Day 4 review
8:15 am–9:00 am Re-evaluation
9:00 am–10:00 am Practicum 7: Re-evaluation
10:00 am–10:15 am Break
10:15 am–11:15 am Re-evaluation
11:15 am–11:30 am Q & A
11:30 am–12:30 pm Lunch (on your own)
12:30 pm–1:15 pm EMDR and grief
1:15 pm–2:00 pm EMDR and phobias
2:00 pm–2:45 pm EMDR and addictions
2:45 pm–3:00 pm Break
3:00 pm–3:45 pm EMDR and pain
3:45 pm–4:45 pm EMDR and dissociation